



NUI Galway
OÉ Gaillimh



College
of Medicine,
Nursing and
Health Sciences

First Year
Orientation
Week

Tuesday
29th August
..... to

Friday
1st September

All information and queries answered at
www.nuigalway.ie/startinguniversity
#MyNUIGalway

Welcome to NUI Galway

Courses (CAO Code):

GY501, GY502, GY503, GY504,
GY515, GY516, GY517



Seirbhísí trí Ghaeilge

Your university start date is Tuesday, 29th August 2017.

We are looking forward to meeting you on **Tuesday 29th August** as you start your University experience. Your first week is crucial for you to learn about University life and attendance is compulsory. Throughout the week you will gain important information on academic subjects and choices, timetables, and locations. This is a great opportunity to meet with other first-year students, try out some of the Clubs and Societies and learn about the many other support services available to you. You will also have time to familiarise yourself with our beautiful 105-hectare campus, with over 90 buildings, which is just a short walk from the city centre.

Your start to a successful University journey begins here. Read on and see what we have planned for you. Updates will be available at www.nuigalway.ie/startinguniversity

Information for Parents

We invite all parents and guardians to attend the following talks on **Monday, 28th August** - Each talk is repeated for your convenience.

Title of Talks	Times	Location
The Emotional Journey of Students and Parents	4pm, 5.30pm or 7pm	The Space, 1st Floor, Áras na Mac Léinn
Money - What to expect and how to make it stretch	4pm, 5.30pm or 7pm	The Cube, 1st Floor, Áras na Mac Léinn
Learning, Wellbeing and University Supports	4pm, 5.30pm, or 7pm	The View, 1st Floor, Áras na Mac Léinn

Tuesday, 29th August 2017

Time	Presentation	Venue
11am - 11.30am	Dean's Welcome - An Introduction to College of Medicine, Nursing and Health Sciences	Anderson Theatre, Arts/Science Building
12pm - 12.20pm	Greeting from President of NUI Galway	Bailey Allen Hall
12.20pm - 12.40pm	Introduction to Student Supports by Dr. Pat Morgan, Vice President for the Student Experience	Bailey Allen Hall
12.40pm - 1pm	The Students' Union – The Journey Starts Here	Bailey Allen Hall
1.50pm to 4pm	Meet the Mentors & University Tour	An Bhalann - Úr & Inc Restaurants
5.30pm	Class Photo	Quadrangle, NUI Galway
9.30am-5pm	Student ID Card Collection	1st Floor Foyer, Aras Uí Chathail
10am - 4pm	PC Drop in Centre - Access your Email Account, BlackBoard and Free WiFi	AM201, 1st Floor, Arts Millennium
6.45pm-7.30pm	Learning to Live Together	Bailey Allen Hall
Freshers' Fáilte Fun Fest – Welcome Tuesday programme, see pages 6-7		

Disability Support Service Induction

Meet the Disability Support Service team and get your supports in place!

To maximise success in your studies, students with a disability, long term physical or mental health condition, or learning difficulty are encouraged to come along to meet the team, discuss available support, and register with the Disability Support Service.

Drop in to one of the following sessions:

Monday 28th August - 10am – 12pm
AUC G002 Theatre, Áras Uí Chathail

Monday 28th August - 2pm – 4pm
AUC G002 Theatre, Áras Uí Chathail

Wednesday 30th August - 10am – 12pm
The Cube, Áras na Mac Léinn

For further information, or to notify us of accessibility requirements to enable attendance at a session, please contact the Disability Support Service team:

E: disabilityservice@nuigalway.ie | **T:** 091 492813 | **W:** nuigalway.ie/disability/



Wednesday, 30th August 2017

Time	Presentation	Venue
10.30am - 11am	Working together as Healthcare Professionals - All Students	Kirwan Theatre
11am - 11.30am	The Role of Health Care Professionals in Patient Care	Kirwan Theatre
11.30am-12.30pm	Student Health & Wellbeing	Kirwan Theatre
12.30pm-1.30pm	Introduction to Student Life	Kirwan Theatre
2.30pm-3pm	Mindfulness for Study and Stress Management	Kirwan Theatre
3pm-3.30pm	Mindfulness for the Healthcare Professional	Kirwan Theatre
3.30pm-4pm	Your career in the Health Sciences / Study Skills	Kirwan Theatre
4pm-4.30pm	Library Services	Kirwan Theatre
10am - 4pm	PC Drop in Centre - Access your Email Account, BlackBoard and Free WiFi	AM201, 1st Floor, Arts Millennium
Freshers' Fáilte Fun Fest – Fun Fest Wednesday programme, see pages 6-7		



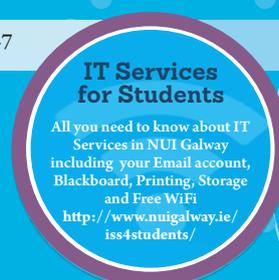
Thursday, 31st August 2017

Time	Presentation	Venue
School of Medicine		
10am - 1pm and 2pm-5pm	Introduction to Medicine	Large Lecture Theatre, Human Biology Building
School of Nursing & Midwifery		
10am - 2pm	Introduction to Nursing & Midwifery	Lecture room 2, MY129, Áras Moyola
School of Health Sciences		
10am - 2pm	Introduction to Occupational Therapy, Speech & Language Therapy and Podiatric Medicine	Room 227, 1st Floor, Áras Moyola
All Students		
10am-4pm	International Students - Support Services; Immigration, Banking etc.	Bailey Allen Hall
10am - 4pm	PC Drop in Centre - Access your Email Account, BlackBoard and Free WiFi	AM201, 1st Floor, Arts Millennium
2pm-3pm	Erasmus Students - Information Session	Bailey Allen Hall
3.30pm-4.30pm	Postgrad Taught - Student Session	Bailey Allen Hall
Freshers' Fáilte Fun Fest – Fáilte Thursday programme, see pages 6-7		



Friday, 1st September 2017

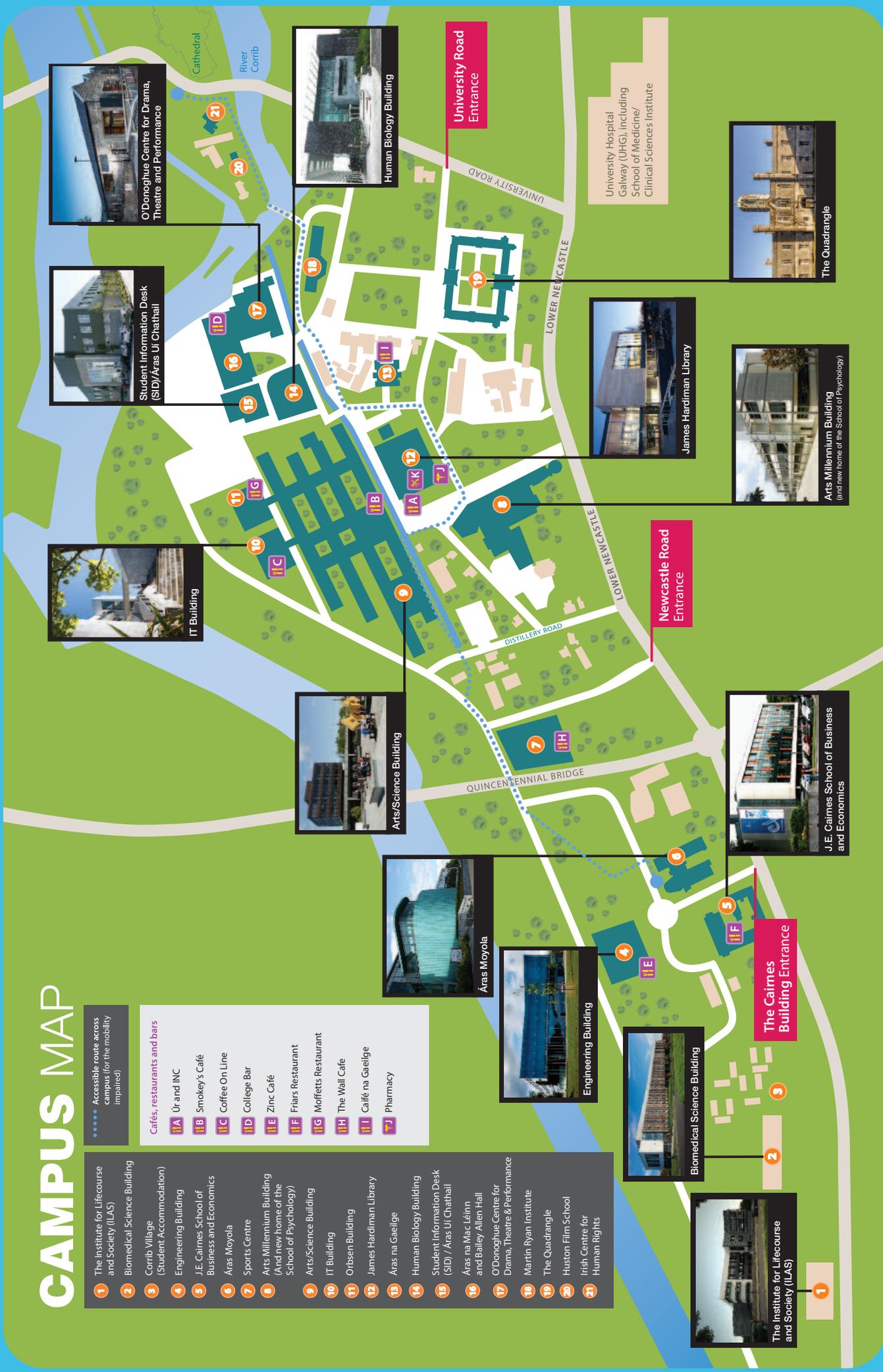
Time	Presentation	Venue
11am-12pm	"Your Union, Your Voice" – NUIG Students Union	IT 250, IT Building
8.30am-4pm	Visiting Students Academic Advisory Session http://www.nuigalway.ie/international-students/afteryouarrive.html#tab1	Bailey Allen Hall
9am-10am: Surnames A-G 10am-11am: Surnames H-N 11am-12pm: Surnames O-Z	Registration for First Year Anatomy & Physiology Labs	Large Lecture Theatre, Human Biology Building
9.30am-5pm	Student ID Card Collection	1st Floor Foyer, Aras Uí Chathail
Freshers' Fáilte Fun Fest – Friendly Friday programme, see pages 6-7		



CAMPUS MAP

- 1 The Institute for Lifecourse and Society (ILAS)
- 2 Biomedical Science Building
- 3 Corrib Village (Student Accommodation)
- 4 Engineering Building
- 5 J.E. Cairnes School of Business and Economics
- 6 Áras Moyola
- 7 Sports Centre
- 8 Arts Millennium Building (And new home of the School of Psychology)
- 9 Arts/Science Building
- 10 IT Building
- 11 Orbsen Building
- 12 James Hardiman Library
- 13 Áras na Gaelige
- 14 Human Biology Building
- 15 Student Information Desk (SID)/ Áras Uí Chathail
- 16 Áras na Mac Léinn and Bailey Allen Hall
- 17 O'Donoghue Centre for Drama, Theatre & Performance
- 18 Martin Ryan Institute
- 19 The Quadrangle
- 20 Huston Film School
- 21 Irish Centre for Human Rights

- Accessible route across campus (for the mobility impaired)
- A** Cafés, restaurants and bars
- Ú** and **INC**
- B** Smokey's Café
- C** Coffee On Line
- D** College Bar
- E** Zinc Café
- F** Friars Restaurant
- G** Moffetts Restaurant
- H** The Wall Café
- I** Gaife na Gaelige
- J** Pharmacy



O'Donoghue Centre for Drama, Theatre and Performance



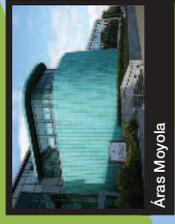
Student Information Desk (SID)/Aras Uí Chathail



IT Building



Arts/Science Building



Áras Moyola



Engineering Building



Biomedical Science Building



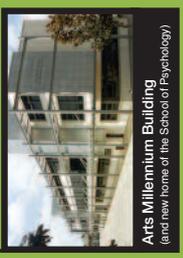
The Institute for Lifecourse and Society (ILAS)



J.E. Cairnes School of Business and Economics



James Hardiman Library



Arts Millennium Building (and new home of the School of Psychology)



The Quadrangle



University Hospital Galway (UHG), including School of Medicine/ Clinical Sciences Institute



University Road Entrance



Newcastle Road Entrance

<http://tinyurl.com/nuignmaps>

Starting University Checklist

Location Coordinates

1. James Hardiman Library G
53°16'46.8"N 9°03'40.1"W
 2. Art/Science Building
53°16'47.8"N 9°03'37.5"W
 3. The Quadrangle G
53°16'39.6"N 9°03'41.6"W
 4. Arts Millennium Building
53°16'47.2"N 9°03'42.9"W
 5. IT Building
53°16'47.7"N 9°03'31.2"W
 6. Orbsen Building
53°16'45.9"N 9°03'28.6"W
 7. Engineering Building
53°17'00.9"N 9°03'50.7"W
 8. Áras na Gaeilge G
53°16'43.5"N 9°03'37.7"W
 9. Áras na Mac Léinn & Bailey Allen Hall
53°16'41.7"N 9°03'30.4"W
 10. Sports Complex
53°16'55.4"N 9°03'44.3"W
 11. Corrib Village (Student Accommodation)
53°17'08.2"N 9°03'54.7"W
 12. Áras Moyola
53°17'01.1"N 9°03'53.1"W
 13. Bank of Ireland Theatre
53°16'41.5"N 9°03'30.2"W
 14. J.E. Cairnes School of Business and Economics
53°17'02.8"N 9°03'56.9"W
 15. Student Information Desk (SID) Áras Uí Chathail G
53°16'44.4"N 9°03'31.2"W
 16. Áras de Brún
53°16'42.5"N 9°03'42.3"W
 17. Bookshop and SU Shop (Basement of Library)
53°16'47.8"N 9°03'37.5"W
 18. Chapel of St. Columbanus
53°16'49.6"N 9°03'46.0"W
 19. Counselling Service, G
20. International Affairs Office,
21. Chaplaincy Centre - Distillery Road
53°16'51.8"N 9°03'47.7"W
 22. Career Development Centre
53°16'47.8"N 9°03'37.5"W
 23. Health Unit, Students' Union and Societies Office
53°16'41.7"N 9°03'30.4"W
 24. Martin Ryan Institute
53°16'39.1"N 9°03'34.5"W
- University Rd.
53°16'36.2"N 9°03'41.2"W
- Newcastle Rd.
53°16'52.4"N 9°03'51.9"W

Before you arrive have you ...

- Registered online at www.nuigalway.ie/registration?
- Completed the Equal Access Survey?
- Activated your online campus account?
- Arranged your accommodation? If not, go to www.nuigalway.ie/student-life/accommodation
- Researched your course and college at www.nuigalway.ie/colleges-and-schools?

By the end of week one you should have ...

- Found your way around campus (check the map shown opposite)
- Gone on one of the Campus Tours and noted the location of:
Your College Office,
The Library,
Áras Uí Chathail (support services and academic administration),
Áras na Mac Léinn (Health Unit, Students' Union and Societies),
Sports Centre (Gym, Pool, Clubs / Kingfisher)
- Met your Student Connect Mentor and save his/her number in your phone
- Met other students for a tea and a chat
- Read your College Handbook

By the end of week two you should have ...

- Attended all your classes
- Started studying and know when your assignments are due
- Saved the numbers for Campus Security (091 493333) and your residence security to your phone
- Added local taxi/cab numbers to your phone
- Gone to Clubs and Societies Days and joined a number of them
- Completed your evaluation of Orientation Week online



5.30pm Tuesday
First Year Group Photo Shoot, The Quadrangle

Freshers'

Fáilte

FUN

fest

Mon: 28th Aug -
Fri: 1st Sept

Meet
your
Mentor

Move in Monday

Postgrad Orientation
Info Desk Áras na
Mac Léinn
1pm-4pm

7pm DJ at Sult
(over 18's ID required)



SUCCESS QUIZ

Complete the quiz and get your
College Lifestyle Scores.

You will be able to enjoy an interactive analysis of
how prepared you feel you are to enter college life.
We want to help you get the most out of college,
see where you are doing well and where you can
make improvements & be in with the chance to
win some **Amazing Prizes!**

www.nuigalway.ie/successquiz

IMPORTANT
DATES

- * Clubs & Societies Day Sept 6th
- * Volunteer Fair Sept 12th
- * SU Freshers Fair Sept 13th

Your First 8 Weeks

- 1: Start Right
- 2: Freshers Week
- 3: Live Right Week
- 4: Supports Week
- 5: Move Right-Feel Great Week
- 6: Mental Health Week
- 7: Skills Week
- 8: Global Week

www.nuigstudents.ie
For details on all themed weeks

Welcome Tuesday Aug 29th

Get involved! Get to know
us and each other!

★ **My First Day at NUIG**
Áras na Mac Léinn, 12pm – 3pm
Capture the memory
at the SU Photo Booth
Foyer of Áras na Mac Léinn



★ **Glow-in-the-Dark Dodgeball**
with the Sports clubs 2pm-4pm,
The Kingfisher

★ **Big Class Photo for Everyone**
The Quadrangle, 5:30pm

★ **Societies Drop-in Games Rooms**
Upstairs, Áras na Mac Léinn
6pm - 10pm

★ **Movies with the Societies**
O'Flaherty & Anderson Theatres,
Concourse. Comic Book Soc 6.30pm,
African Caribbean
Soc 7.30pm, Film Soc 8.30pm.



★ **Chaplaincy BBQ, Meet and Eat**
An Gairdín Sosa, The Chapel, 7pm



Societies Variety Show
The Cube, 7.30pm

Join Dramsoc & Musical Society,
check out the talent and maybe
win a prize for your performance,
free pizza!



★ **The Big Fáilte Table Quiz**
An Bialann (Úr), 8pm - 9.30pm
Make new friends, see how smart
you are, with lots of prizes & free food.

★ **Bingo Loco**
at Sult, 8pm (over 18's ID required)



Pick up your college/discipline,
colour coded wristband from
your Mentor on Tuesday or
from the info Desk in Aras na Mac
Leinn from Wednesday and
get chatting with each other!



Fun Fest Wednesday Aug 30th

Kick back, join the party
and have fun!

Glow-in-the-Dark Dodgeball
2pm-4pm, Kingfisher Sports Hall

Drop in - have a go
Kingfisher Sports Hall, 4pm - 6pm Including indoor
five-aside Soccer/Basketball/Frisbee to name but a few.

Societies Fun Fest
Áras na Mac Léinn 5pm - 8pm Free food, prizes, games,
stalls, music, makeovers, competition & much more.

Choral Society: Karaoke
The Cube, Áras na Mac Léinn. 5.30pm - 7pm

Musical Society: Sing-a-Long Musical
The Cube, Áras na Mac Léinn 7pm - 9pm

Amnesty Society: Tea Cakes & Privilege
The Space, Áras na Mac Léinn, 5pm - 8pm

Lit & Deb Society
Comedy Debate, The View, 6pm - 8pm

Big Fáilte Party

8pm - 12am

Multi Venue Music

Áras na Mac Léinn & Sult

Silent Disco, live band Club Candy, DJs, dance offs,
games room, free pizza & plus free nightclub entry.

**Note: Students Under 18's welcome but for Sult and night club
(over 18's ID required) €20 refundable deposit for Roisín Dubh
silent disco headsets.**

Fáilte Thursday Aug 31st

A special welcome
to all our visiting
students, everyone
welcome to join
the craic!

Running All Week

★ **Orientation Info Desk** Áras na Mac Léinn,
Tuesday - Thursday, 10am - 5pm

★ **Students Union Office**

Áras na Mac Léinn 10am-5pm, Get your SU Card, Student Leap Card,
Locker, Second hand Books, play our Giant Games and maybe win a prize!

★ **Societies Office/SocsBox**

Áras na Mac Léinn 10am - 5pm. Call in for a chat about Societies.

★ **Sports Centre, Kingfisher** Call in lots to do and be a part of
Corrib Cages outdoor five aside soccer book your pitch at 0861772589

★ **ALIVE in the Hub**

Áras na Mac Léinn, 10am-3pm **Cup and Chat:**
Come along to the Hub for free hot drinks and snacks!

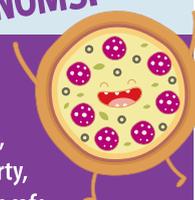
★ **Flirt FM, Áras na Mac Léinn 12pm-3pm** Call to your
campus radio station for volunteer sign-ups, competition entry and
recording of shout outs to be in with a chance to win a multimedia goodie bag.

★ **Career Development Centre**

9am - 5pm Drop in to get your course choice/
career questions answered.



**NOM
NOMS!**



Great Prizes & Free Food from our Fáilte Partners

Apache Pizza, Cafe na Gaeilge, Centra Newcastle, Cloud cafe,
CSI Cafe, Electric, Friars Restaurant, Kingfisher, Matt O'Flaherty,
An Bialann (Úr), Smokies, Stem Cafe, Sult, The Wall Cafe, Zinc cafe.

See Campus Map included
for event locations



 www.facebook.com/nuigororientation

 @NUIGorientation

Full Details: www.nuigalway.ie/startinguniversity

Friendly Friday Sept 1st

Postgrad Friday
Pizza deals, giant games
& karaoke, Sult
(over 18's ID required)

YOUR SEMESTER AHEAD | Here is a look at 2017's themed weeks, full of resources and fun to participate and enjoy.



For full details on events for each week check out www.nuigstudents.ie



First Year Hotline To find out about orientation, start dates, fees, accommodation, registration or any other queries you may have, please call the First Year Hotline: **+353 91 493 999**

OPENING HOURS: 16 Aug- 30 Sept: Mon to Fri: 9am to 6pm
Saturday 19 & 26 Aug: 9am to 1pm or visit: www.nuigalway.ie/new-students

